

## Fun Activities!

## **FIND THE FOOD!**

There's 12 healthy foods hidden in this puzzle. Can you find them all?

Y	L,	A	т	w	G	Е	S	Y	Q	В	Ν	Р	U	U
G	x	Ν	R	G	A	N	н	В	R	Р	Y	W	С	Μ
L	D	A	J	U	0	Y	Q	0	Р	F	Ζ	X		L,
K	κ	Ν	U	т	Y	R	С	Е	G	κ	S	Р	J	Р
κ	Y	A	н	Κ	S	С	A	F	G	Е	т	U	Q	В
X	С	В	U	S	0	R	z	G	Е	М	F	W	0	т
В	N	L	D	L	S	G	В	н	С	т	x	т	R	Y
S	Ρ	М	I	R	D	S	R	R	0	L	L	J	x	V
Е	С	U	т	т	Е	L	Ν	R	Α	Р	Р	L	E	Μ
н	G	G	U	w	Е	R	R	I	F	w	v	D	т	Е
S	0	A	0	S	М	A	Е	z	S	Z	С	В	L,	L.
Q	J	Ν	S	В	С	G	J	R	κ	I.	0	V	т	0
L	S	Y	Е	Q	F	М	R	Q	x	L	A	w	E	N
I.	Ρ	0	S	Y	н	S	I	F	В	0	I.	R	Ν	W
Q	R	U	I.	т	G	R	Ζ	D	F	N	0	М	G	S

APPLE	BANANNA	BROCCOLI
CARROT	EGG	FISH
HONEY	LETTUCE	MELON
MILK	PEARS	RAISINS

## **COUNT THE CUISINE**

While waiting at your favorite restaurant, count how many times you see these food items listed on the menu. Or look around the room and count how many people are eating these things.

FISH	BEEF	VEGETABLE	SALAD	MILK
CHICKEN	FRUIT	SOUP	BREAD	RICE



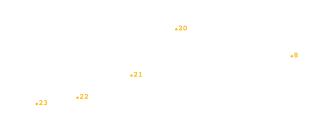
## **HEALTHY PICS**

Connect the dots to figure out what these healthy foods are.

Hint 1: This one's green, with "flowers" on its head.



.10 .18 .19 •9



•7 •2 •6

•24

•3 •5 •4